

ALDARA
(Imiquimod)

Aldara Cream is indicated for the topical treatment of biopsy confirmed primary superficial basal cell skin cancers in healthy adults. It is also used to treat a number of skin conditions, including superficial squamous cell skin cancers, actinic keratoses, verruca vulgaris and condyloma (warts), and molluscum contagiosum. Aldara works by stimulating the immune system locally, which helps the body to effectively attack abnormal cells or the viruses that cause warts and molluscum contagiosum. Begin using Aldara three days per week, at night, on a Monday, Wednesday, Friday schedule. Aldara is generally used for approximately six weeks, but may be used up to sixteen weeks.

Basic instructions:

1. Wash the area where the cream will be applied with mild soap and water. Allow area to dry
2. Open a packet of Aldara and apply a thin layer to the affected area to be treated. You may need to use more than 1 packet, but NO more than 2 packets. If treating a small area, poke the packet with a pin and use just what is needed. A little goes a long way. If treating a large area, Aldara will spread more easily if the area is damp.
3. Rub the cream into your skin until you cannot see the Aldara Cream
4. After you apply Aldara Cream, wash your hands with mild soap and water
5. A moisturizer/sunscreen may be applied 1 hour after the medication has been applied. You may use other skin products including creams, lotions, or cosmetics throughout the treatment process.
6. If you forget to apply Aldara Cream, just apply the next dose of Aldara Cream at your regular time
7. If you get Aldara Cream in your mouth or eyes rinse well with water right away

Aldara can cause inflammation to both lesions and the surrounding areas. Treatment may leave affected areas temporarily reddened, raw and may cause some discomfort resulting from skin breakdown. This is not an allergic reaction. This is the normal and desired reaction. If after one week to two weeks of use, you are tolerating the side effects well, increase days of use to Monday thru Friday. If five days of treatment is too irritating, you may back off slightly, and skip a day or two. If at any time during treatment you are concerned with the reaction, please feel free to call our office and make an appointment.