



Laser Skin Rejuvenation Aftercare

The recovery after treatment with the IPL device used for your skin rejuvenation today may vary. There may be a possibility of short term effects such as reddening, blistering, scabbing, temporary bruising, and temporary discoloration of the skin. There is a potential of very rare side effects such as scarring and permanent discoloration, however we have never seen this. Individual factors such as medical history, skin type, and patient compliance with pre/post treatment instructions will vary individual response. There is no guarantee as to the final result.

After your treatment you will typically have some redness and possibly minimal swelling. Redness and swelling will resolve over a few hours and an ice pack can be helpful to minimize this. Dark spots will turn darker over 24 hours and eventually flake off. Dark spots on the face usually flake off in one week and on the body they may take 2 to 3 weeks to come off. You may cover them with make-up if you wish. You should use sunscreen with SPF of 30 or higher and UVA coverage on a daily basis to protect your rejuvenated skin. Use gentle cleansers over the next week. When the brown spots are ready to come off you can gently exfoliate with a wash cloth. We recommend that you do not use any type of glycolic acid or Retin-A cream over the next 2 weeks.

Should you have any questions or concerns, please don't hesitate to contact us.